

Station Ident: Barnfield 97.2

Program Ident: Rush Hour

ESTHER - WELCOME

Afternoon, welcome to rush hour! I'm Esther and this is Shamiam.

SHAMIAM - WELCOME

SHAMIAM - WELCOME(CONT'D)SHAMIAM - WELCOME(CONT'D)Hey guys.

ESTHER-WELCOME

So what do we have lined up for us today shamiam?

SHAMIAM - WELCOME

Well Esther, In today's show, we will be talking about the latest films and Tv show, juicy celeb gossip and a feature on mental health.

ESTHER - WELCOME

WHAT! This sounds like a sick show. But first, use our hashtag rush hour and hit us up on twitter rush hour so contact us guys.

SHAMIAM - WELCOME

But now, let's talk about Video games.

ESTHER: ENTERTAINMENT

so it's been an amazing year for video games hasn't it shamiam

SHAMIAM: ENTERTAINMENT

yes many of my favorite games have been released this year ones such as call of duty modern warfare and apex legends,these were some of the greatest first person shooters to come out this year in my opinion.

ESTHER: ENTERTAINMENT

those are good games but im more of a adventure game person .

SHAMIAM: ENTERTAINMENT

oh so what were some of your favorite

games of this year then.

ESTHER: ENTERTAINMENT  
i would have to say ...death stranding  
asthestory played out well and the  
missions seemed well planned out and  
interesting

SHAMIAM: ENTERTAINMENT  
there is a lot of other great games  
that came out this year that need some  
recognition such as night in the woods  
and the last of us remastered.

ESTHER: ENTERTAINMENT  
the sound tracks were also amazing in  
these games which also reflects the  
music that has been released this  
year.

SHAMIAM: ENTERTAINMENT  
that's a great idea, i've really been  
loving trippie redd's ( trippy red)  
new album.

ESTHER: ENTERTAINMENT  
yess! the songs really sound straight  
from the heart. another artist that  
has been doing really well this year  
has been ella mai (ella may), her song  
shot clock has currently got sixty  
nine million views on the music video  
that she released.

SHAMIAM: ENTERTAINMENT  
that's so amazing ! its good to see  
the female artists get some  
recognition for the amazing songs that  
they produce.

SHAMIAM AND ESTHER: ENTERTAINMENT  
adlib about some of your personal  
favorite artists: talk about the songs  
by them and some of there achievements

ESTHER: ENTERTAINMENT  
wow it's cool to find out that we both  
have a wide music taste,you guys can  
tweet us what your favorite artists  
are and songs you listening to at the  
moment, make sure you hashtag your

tweets with hashtag rush hour so we  
can see your tweets!

SHAMIAM: ENTERTAINMENT  
yes and doing this will also give you  
a chance of hearing your farout  
artists play on the show today or in  
the future.

ESTHER: ENTERTAINMENT  
So shamiam, what games have you played  
lately?

SHAMIAM: ENTERTAINMENT  
Call of duty, but that reminded me  
about...

Program ident: Rush hour

News Ident: News

ZOE : NEWS  
hello i'm zoe and in the local news  
today luton's knife problems putting  
innocent lives at stake supposedly  
kids as young as 11 are carrying  
knives around which has make the  
homicide rate rise in the last year.  
that's all the local news i will see  
you guys later for the international  
news but up next in the show is our  
competition.

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ESTHER: COMPETITION  
COMPETITION!

SHAMIAM: COMPETITION  
Yeah, that coming up.

ESTHER: COMPETITION  
Remember to call in or tweet us your  
answers. hashtag rush hour

ESTHER- COMPETITION  
The time you have been waiting for...

SHAMIAM- COMPETITION  
COMPETITION!

ESTHER- COMPETITION  
Yes, so what are the questions.

SHAMIAM- COMPETITION  
Well let's give the audiences a  
practice run first

ESTHER- COMPETITION  
Oh that's good, ok shamiam what is the  
capital of England

SHAMIAM- COMPETITION  
London, see simple. So now you guys at  
home can try.

ESTHER- COMPETITION  
We have got five-question for you guys  
to answer. So lets being, Which  
popular Christmas beverage is also  
called "milk punch?" (eggnog)

SHAMIAM- COMPETITION  
The second question is What are the  
two other most popular names for Santa  
Claus? (Kris Kringle and Sanit Nick)

ESTHER- COMPETITION  
The third question is that Three of  
Santa's reindeer's names begin with  
the letter "D." What are those names?  
(Dancer, Dasher, and Donner)

SHAMIAM- COMPETITION  
The four-question is Which Christmas  
song has the lyric "Everyone dancing  
merrily in the new old fashioned way?"  
("Rocking Around The Christmas Tree")

ESTHER- COMPETITION  
The last question is How many gifts in  
total were given in "The Twelve Days  
of Christmas" song? (364)

SHAMIAM- COMPETITION  
So that all the question for the  
competition

ESTHER- COMPETITION  
 Remember to phone in and tweet us your  
 answers and maybe you will win.  
 shamiam what's the prize

SHAMIAM- COMPETITION  
 )Oh, the prize is two tickets for you  
 and your friends to see your favorite  
 artist live!

SHAMIAM:IN CUE  
 Here is Ella Mai with shot clock

Song

SHAMIAM:BACK ANNOUNCE  
 So that was Ella mai with shot clock

Advert

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ESTHER: IN CUE  
 Here is, I like it by Dapz

Song

ESTHER: BACK ANNOUNCE  
 We just had I like it by Dapz

Program Ident

ESTHER: FILM AND TV SHOWS  
 Shamiam guess what!!

SHAMIAM: FILM AND TV SHOWS  
 What! Tell me.

ESTHER: FILM AND TV SHOWS  
 Well have heard about a series called  
 Stranger things.

SHAMIAM: FILM AND TV SHOWS  
 No! I havent tell me more

ESTHER: FILM AND TV SHOWS  
 Well! It is on netflix so all of you  
 people out there when you have free  
 time go and watch this it is amazing  
 the third season has just come out..

SHAMIAM: FILM AND TV SHOWS  
What is it about.

ESTHER: FILM AND TV SHOWS  
Its about a group of young friends in  
the 1980s in Indiana. The witness  
supernatural forces and secretly  
government exploding. as the series go  
on they search for answers.

SHAMIAM: FILM AND TV SHOWS  
I might go home and watch that!

ESTHER: FILM AND TV SHOWS  
Any series or movies shamiam!

SHAMIAM: FILM AND TV SHOWS  
There is actually a film its called  
Spider man far away from home.

ESTHER: FILM AND TV SHOWS  
Tell me more!

SHAMIAM: FILM AND TV SHOWS  
So its about a boy called Parker who is  
spider man he is on a school trip in  
Europe. He gets a surprised visit from  
Nick Fury.

ESTHER: FILM AND TV SHOWS  
Nick Fury! Who is Nick Fury! Is he in

SHAMIAM: FILM AND TV SHOWS  
Yes that Nick Fury. lets continue He  
wanted to recruit Parker for a  
mission. To save the world.

ESTHER: FILM AND TV SHOWS  
Save the world from what!!

SHAMIAM: FILM AND TV SHOWS  
To save the world from four element  
creatures.

ESTHER: FILM AND TV SHOWS  
Which is?

SHAMIAM: FILM AND TV SHOWS  
Earth, air, water and fire. So parker  
tried his best. The girl that is on  
the trip figures out that he was

spider man.

ESTHER: FILM AND TV SHOWS  
Then what happened?

SHAMIAM: FILM AND TV SHOWS  
Parker relieves that the guy that was  
with Nick fury at every meeting was  
the guy behind every thing. So Parker  
defeated him. The end

ESTHER: FILM AND TV SHOWS  
The End! The end! Did Parker get the  
girl?

SHAMIAM: FILM AND TV SHOWS  
So we talked about the popular tv show  
and a movie that people most watch,  
Esther what's your favourite film or Tv  
show?

ESTHER: FILM AND TV SHOWS  
Well it is called Hustlers.

SHAMIAM: FILM AND TV SHOWS  
Come on spill the tea.

ESTHER: FILM AND TV SHOWS  
As you can tell by the name of the  
film it is about a group of girls  
who have to hustle money to live and  
provide for their families. Any  
favorite films Shamiam?

SHAMIAM: FILM AND TV SHOWS  
Yes there is it is called avenger end  
game.

ESTHER: FILM AND TV SHOWS  
I have seen that film. It's good

SHAMIAM: FILM AND TV SHOWS  
Yeah.. I would never expect it to  
finish like this

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ESTHER- SOCIAL AWARENESS  
Now this is part of the show we will  
like to take seriously

## SHAMIAM- SOCIAL AWARENESS

In the part, we will be talking about mental health and how this affects people, the signs and if you do have any of these, so helplines.

## ESTHER- SOCIAL AWARENESS

They are lots of different type of mental health like self-harm, eating disorder, depression, and anxiety

## SHAMIAM- SOCIAL AWARENESS

Self-harm is the highest for young people of both sexes in the 16-24 age group. Close to 800 000 people die due to suicide every year. Female self-harming has increased by around 30% yet males stayed the same. People who had self-harmed said that they had attempted suicide.

## ESTHER- SOCIAL AWARENESS

Eating Disorder is estimated that there are seven hundred twenty-five people in the UK with an eating disorder. This often starts during your teenage years or early adulthood.

## SHAMIAM- SOCIAL AWARENESS

One in five people is effected by depression and those are the ages of a teen to adulthood. Youth suicide is the leading cause of death in this age group.

## ESTHER- SOCIAL AWARENESS

Anxiety is a normal part of life and can affect anyone. Sometimes if anxiety becomes overwhelming and doesn't go away, it can be a sign of a more serious anxiety disorder.

## SHAMIAM:

If you're struggling with difficult feelings and need to talk to someone quickly, including if you're not ready or able to access other types of support. then you should contact a help line



ESTHER:

This will help you as them letting you talk through your feelings and experiences without judging you or telling you what to do will make you feel safe and important. Many listening services let you talk through your problems for as long as you need.

SHAMIAM:

If you know a family member or a friend that is suffering from mental illness and don't know hat to do you can also call a help line and ask for advice, but make sure that the person feels listened to and not judged. This will make them feel safer and more comfortable. one help line is 0300 304 7000 , this is or if you have a mental illness or I you are helping someone who has a mental illness.

Advert

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Esther:News

This the time () and we have the headline with Zoe

ZOE : NEWS

Thank you, Esther. So the headline for the news is that a 21-the-year-old rapper called juice wrld died.

Celebrity news website TMZ said he died after suffering a seizure (see-jar) at Chicago's Midway airport on Sunday morning.

Juice Wrld, real name Jarad Anthony Higgins, was best-known for his viral 2018 hit Lucid Dreams. Chicago police told the BBC a 21-year-old man suffered a medical emergency at around 02:00 local time (08:00 GMT) and was taken to hospital, where he was pronounced dead.

ZOE: NEWS

The New Zealand volcano has erupted  
and at least five dead.

Twenty-three people have been rescued,  
but it is unclear how many people  
remained on the island. White Island,  
also called Whakaari (wak-ar-ee), is  
the country's most active volcano.

GOTO AUDIO NAME: paramedic Russell  
Clark: "Everything was blanketed in  
ash"

OUT WORDS: Get on what we are doing

DURATION:0'34

Rescuers are not able to reach the  
island because of the risk of further  
eruptions. They have been some injured  
are in a critical condition

ZOE: NEWS

Sanna Marin was the youngest MP at the  
age of 34.

The transport minister was picked by  
her Social Democratic party after its  
leader, Antti Rinne, quit as PM. She  
will lead a center-left coalition  
(coal-li-shn) with four other parties,  
all headed by women, three of whom are  
under 35. Ms. Marin will be the world's  
youngest sitting prime minister.

SHAMIAM

Thank you, Zoe.

ZOE: NEWS

welcome

ESTHER:NEWS

That was Zoe with the news, let have a  
little break and we will back with  
you.

Program Idents:

SHAMIAM: TWEETS

@Dannytheman123 said that his favorite

artst says that his favorite artist is  
 Dave. He says the Q1 answer is Red  
 wine.Q2 White beared man.Q3 is digger.  
 Q4 is joy to the world.Q5.is 364

ESTHER:TWEETS

@R4ch3l said that her artist is  
 beyonce and rihanna.Q1 Guinness  
 punch.Q2 saint Nick.Q3 Dancer, Donner,  
 Dasher.Q4. Santa tell.Q5 124

SHAMIAM: TWEETS

@H3nry said that he likes dapz. Q1  
 Eggnog.Q2 Mrs Claus. Q3 Dancer. Q4  
 This chrstms.Q5 645

ESTHER: TWEETS

@b4Db0Yj4y1\$ says that he likes Mrs  
 banks.Q1 Eggnog. Q2 Saint Nick.Q3  
 Dancer, Donner, Dasher.Q4 Rocking  
 Around the christmas tree.Q5 364.

SHAMIAM

Omg yea, you win yourself and your  
 friend tickets to your favorite  
 concert.

ESTHER

And remember to tweet us and call us  
 your answer.

SHAMIAM

That remember me we have just had  
 tweets send into us

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ESTHER: KNIFE CRIME

Its debate timee! And today' debate is  
 about knife crime and the Different  
 ways to prevent it.

SHAMIAM:

okay, So let's talk about All the ways  
 we belie that knife crime can be  
 prevented.

PROGRAM IDENT

ESTHER: IN CUE

I know but Here is Now we dont kiss

and tell bY Aj Tracey

Song

ESTHER: BACK ANNOUNCE  
That was Now we dont kiss and Tell By  
Aj Tracey

Station ident

SHAMIAM: CELEBRITY GOSSIP  
Did you hear about Arianna Grande  
going to jail.

ESTHER: CELEBRITY GOSSIP  
No way.

SHAMAIAM: CELEBRITY GOSSIP  
Yes way

ESTHER: CELEBRITY GOSSIP  
I did hear about it but did you know  
that it is a scam.

SHAMIAM: CELEBRITY GOSSIP  
really...

ESTHER: CELEBRITY GOSSIP  
Yes because they wanted to get  
people's attention about Muslims in  
China are being forced against their  
religion.

SHAMIAM  
That's sad but also stupid to say that  
someone is going to jail because they  
want to bring awareness to people.

ESTHER: CELEBRITY GOSSIP  
I know right there are more ways to  
share it. but did you hear about the  
death of Juice world?

SHAMAIAM: CELEBRITY GOSSIP  
Yeah, that sad how old was he?

ESTHER: CELEBRITY GOSSIP  
21 years old?

SHAMAIAM: CELEBRITY GOSSIP  
so young, how did he die?

ESTHER: CELEBRITY GOSSIP  
 He died from a seizure. In his sleep.  
 This happened because he took seven  
 pills. It's sad because he was so  
 successful.

SHAMAIAM: CELEBRITY GOSSIP  
 However, did you hear about Jacqueline  
 Jossa forgave Dan Osborne.

ESTHER: CELEBRITY GOSSIP  
 No! Forgave him for what?

SHAMAIAM: CELEBRITY GOSSIP  
 Cheating.

ESTHER: CELEBRITY GOSSIP  
 What. I believe that everyone should  
 get a second chance but when it causes  
 you a lot of heartbreak and that.

SHAMIAM: CELEBRITY GOSSIP  
 Yeah, I agree with that.

SHAMIAM:IN CUE  
 hears a tune from Normani called  
 motivation

Song

SHAMIAM:BACK ANNOUNCE  
 That was motivation by Normani

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ESTHER- COMPETITION  
 So the winner is @b4Db0Yj4y1\$ you will  
 win the tickets tho the concert of  
 your choice But the others that  
 participated will get tickets to your  
 local cinema.

SHAMIAM: COMPETITION  
 Well done guys!! Thank you so much for  
 taking part.

Advert

ESTHER: PRESENTERS CLOSE THE SHOW  
Thanks for listening

SHAMIAM: PRESENTERS CLOSE THE SHOW  
Thanks guys for tuning in bye...

ESTHER: PRESENTERS CLOSE THE SHOW  
Shamiam you forgot to announce the  
next show Which is Night tea straight  
after with Rebecca and Shawn from 6.00  
pm to 700pm.

SHAMIAM: PRESENTERS CLOSE THE SHOW  
Oh yeah see you tomorrow and night  
guys

BOTH PRESENTER  
BYE...