Station Ident: Barnfield 97.2

Program Ident: Rush Hour

ESTHER - WELCOME Afternoon, welcome to rush hour! I'm Esther and this is Shamiam.

SHAMIAM - WELCOME SHAMIAM - WELCOME(CONT'D)SHAMIAM - WELCOME(CONT'D)Hey guys.

ESTHER-WELCOME So what do we have lined up for us today shamiam?

SHAMIAM - WELCOME Well Esther, In today's show, we will be talking about the latest films and Tv show, juicy celeb gossip and a feature on mental health.

ESTHER - WELCOME WHAT! This sounds like a sick show. But first, use our hashtag rush hour and hit us up on twitter rush hour so contact us guys.

SHAMIAM - WELCOME But now, let's talk about Video games.

ESTHER: ENTERTAINMENT so it's been an amazing year for video games hasn't it shamiam

SHAMIAM: ENTERTAINMENT yes many of my favorite games have been released this year ones such as call of duty modern warfare and apex legends,these were some of the greatest first person shooters to come out this year in my opinion.

ESTHER: ENTERTAINMENT those are good games but im more of a adventure game person .

SHAMIAM: ENTERTAINMENT oh so what were some of your favorite

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games of this year then.

ESTHER: ENTERTAINMENT i would have to say ...death stranding asthestory played out well and the missions seemed well planned out and interestingSHAMIAM: ENTERTAINMENT there is a lot of other great games that came out this year that need some recognition such as night in the woods and the last of us remastered.

ESTHER: ENTERTAINMENT the sound tracks were also amazing in these games which also reflects the music that has been released this year.

SHAMIAM: ENTERTAINMENT that's a great idea, i've really been loving trippie redd's ( trippy red) new album.ESTHER: ENTERTAINMENT yess! the songs really sound straight from the heart. another artist that has been doing really well this year has been ella mai (ella may), her song shot clock has currently got sixty nine million views on the music video that she released.

SHAMIAM: ENTERTAINMENT that's so amazing ! its good to see the female artists get some recognition for the amazing songs that they produce.

SHAMIAM AND ESTHER: ENTERTAINMENT adlib about some of your personal favorite artists: talk about the songs by them and some of heret achievements

ESTHER: ENTERTAINMENT wow it's cool to find out that we both have a wide music taste,you guys can tweet us what your favorite artists are and songs you listening to at the moment, make sure you hashtag your

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tweets with hashtag rush hour so we can see your tweets!

SHAMIAM: ENTERTAINMENT yes and doing this will also give you a chance of hearing your farout artists play on the show today or in the future.ESTHER: ENTERTAINMENT So shamiam, what games have you played lately?

SHAMIAM: ENTERTAINMENT Call of duty, but that reminded me about...

Program ident: Rush hour

News Ident: News

ZOE : NEWS hello i'm zoe and in the local news today luton's knife problems putting innocent lives at stake supposedly kids as young as 11 are carrying knives around which has make the homicide rate rise in the last year. that's all the local news i will see you guys later for the international news but up next in the show is our competition.

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ESTHER: COMPETITION COMPETITION!SHAMIAM: COMPETITION Yeah, that coming up.

ESTHER: COMPETITION Remember to call in or tweet us your answers. hashtag rush hour

ESTHER- COMPETITION The time you have been waiting for...

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SHAMIAM- COMPETITION COMPETITION!ESTHER- COMPETITION Yes, so what are the questions.

SHAMIAM- COMPETITION Well let's give the audiences a practice run first

ESTHER- COMPETITION Oh that's good, ok shamiam what is the capital of England

SHAMIAM- COMPETITION London, see simple. So now you guys at home can try.

ESTHER- COMPETITION We have got five-question for you guys to answer. So lets being, Which popular Christmas beverage is also called “milk punch?” (eggnog)

SHAMIAM- COMPETITION The second question is What are the two other most popular names for Santa Claus? (Kris Kringle and Sanit Nick)

ESTHER- COMPETITION The third question is that Three of Santa’s reindeer’s names begin with the letter “D.” What are those names? (Dancer, Dasher, and Donner)

SHAMIAM- COMPETITION The four-question is Which Christmas song has the lyric “Everyone dancing merrily in the new old fashioned way?” (“Rocking Around The Christmas Tree”)

ESTHER- COMPETITION The last question is How many gifts in total were given in “The Twelve Days of Christmas” song? (364)

SHAMIAM- COMPETITION So that all the question for the competition

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ESTHER- COMPETITION Remember to phone in and tweet us your answers and maybe you will win. shamiam what's the prize

SHAMIAM- COMPETITION )Oh, the prize is two tickets for you and your friends to see your favorite artist live!SHAMIAM:IN CUE Here is Ella Mai with shot clock

Song

SHAMIAM:BACK ANNOUNCE So that was Ella mai with shot clock

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ESTHER: IN CUE Here is, I like it by Dapz

Song

ESTHER: BACK ANNOUNCE We just had I like it by Dapz

Program Ident

ESTHER: FILM AND TV SHOWS Shamiam guess what!!

SHAMIAM: FILM AND TV SHOWS What! Tell me.

ESTHER: FILM AND TV SHOWS Well have heard about a series called Stranger things.

SHAMIAM: FILM AND TV SHOWS No! I havent tell me more

ESTHER: FILM AND TV SHOWS Well! It is on netflix so all of you people out there when you have free time go and watch this it is amazing the third season has just come out..

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SHAMIAM: FILM AND TV SHOWS What is it about.

ESTHER: FILM AND TV SHOWS Its about a group of young friends in the 1980s in Indiana. The witness supernatrual forces and secretly goverment exploting. as the series go on they search for answers.

SHAMIAM: FILM AND TV SHOWS I might go home and watch that!

ESTHER: FILM AND TV SHOWS Any series or movies shamiam!

SHAMIAM: FILM AND TV SHOWS There is actually a film its called Spider man far away from home.

ESTHER: FILM AND TV SHOWS Tell me more!

SHAMIAM: FILM AND TV SHOWS So its about a boy caled Parker who is spider man he is on a school trip in Europe. He gets a surprised vist from Nick Fury.ESTHER: FILM AND TV SHOWS Nick Fury! Who is Nick Fury! Is he in

SHAMIAM: FILM AND TV SHOWS Yes that Nick Fury. lets continue He wanted to recruit Parker for a mission. To save the world.

ESTHER: FILM AND TV SHOWS Save the world from what!!

SHAMIAM: FILM AND TV SHOWS To save the world from four element creatures.ESTHER: FILM AND TV SHOWS Which is?

SHAMIAM: FILM AND TV SHOWS Earth, air, water and fire. So parker tried his best. The girl that is on the trip figures out that he was

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spider man.ESTHER: FILM AND TV SHOWS Then what happened?

SHAMIAM: FILM AND TV SHOWS Parker reliesed that the guy that was with Nick fury at every meeting was the guy behind every thing. So Parker deafeted him. The end

ESTHER: FILM AND TV SHOWS The End! The end! Did parker get the girl?

SHAMIAM:FILM AND TV SHOWS So we talked about the popular tv show and a movie that people most watch, Esther whats your faviourte film or Tv show?

ESTHER: FILM AND TV SHOWS Well it is called Hustlers.

SHAMIAM: FILM AND TV SHOWS Come on spill the tea.

ESTHER: FILM AND TV SHOWS As you can tell by the name of the film it is about of a group of girls who have to hustle money to live and provide for their families.Any favorite films Shamiam?

SHAMIAM: FILM AND TV SHOWS Yes there is it is called avenger end game.

ESTHER: FILM AND TV SHOWS I have seen that film. It's good

SHAMIAM: FILM AND TV SHOWS Yeah.. I would never to expect it to finish like this

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ESTHER- SOCIAL AWARENESS Now this is part of the show we will like to take seriously

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SHAMIAM- SOCIAL AWARENESS In the part, we will be talking about mental health and how this affects people, the signs and if you do have any of these, so helplines.

ESTHER- SOCIAL AWARENESS They are lots of different type of mental health like self-harm, eating disorder, depression, and anxiety

SHAMIAM- SOCIAL AWARENESS Self-harm is the highest for young people of both sexes in the 16-24 age group. Close to 800 000 people die due to suicide every year. Female self- harming has increased by around 30% yet males stayed the same. People who had self-harmed said that they had attempted suicide.

ESTHER- SOCIAL AWARENESS Eating Disorder is estimated that there are seven hundred twenty-five people in the UK with an eating disorder. This often starts during your teenage years or early adulthood.

SHAMIAM- SOCIAL AWARENESS One in five people is effects by depression and those are the ages of a teen to adulthood. Youth suicide is the leading cause of death in this age group.

ESTHER- SOCIAL AWARENESS Anxiety is a normal part of life and can affect anyone. Sometimes if anxiety becomes overwhelming and doesn’t go away, it can be a sign of a more serious anxiety disorder.

SHAMIAM: If you're struggling with difficult feelings and need to talk to someone quickly, including if you're not ready or able to access other types of support.then you should contact a help line

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ESTHER: This will help you as them letting you talk through your feelings and experiences without judging you or telling you what to do will make you feel safe and important. Many listening services let you talk through your problems for as long as you need.

SHAMIAM: If you know a family member or a friend that is suffering from mental illness and don’t know hat to do you can also call a help line and ask for advice, but make sure that the person feels listened to and not judged. This will make them feel safer and more comfortable. one help line is 0300 304 7000 , this is or if you have a mental illness or I you are helping someone who has a mental illness.

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Esther:News

This the time () and we have the headline with Zoe

ZOE : NEWS Thank you, Esther. So the headline for the news is that a 21-the-year-old rapper called juice wrld died.

Celebrity news website TMZ said he died after suffering a seizure (see- jar) at Chicago's Midway airport on Sunday morning.

Juice Wrld, real name Jarad Anthony Higgins, was best-known for his viral 2018 hit Lucid Dreams. Chicago police told the BBC a 21-year-old man suffered a medical emergency at around 02:00 local time (08:00 GMT) and was taken to hospital, where he was pronounced dead.

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ZOE: NEWS The New Zealand volcano has erupted and at least five dead.

Twenty-three people have been rescued, but it is unclear how many people remained on the island. White Island, also called Whakaari (wak-ar-ee), is the country's most active volcano.

GOTO AUDIO NAME: paramedic Russell Clark: "Everything was blanketed in ash"

OUT WORDS: Get on what we are doing

DURATION:0'34

Rescuers are not able to reach the island because of the risk of further eruptions. They have been some injured are in a critical condition

ZOE: NEWS Sanna Marin was the youngest MP at the age of 34.

The transport minister was picked by her Social Democratic party after its leader, Antti Rinne, quit as PM. She will lead a center-left coalition (coal-li-shn) with four other parties, all headed by women, three of whom are under 35.Ms. Marin will be the world's youngest sitting prime minister.

SHAMIAM Thank you, Zoe.

ZOE: NEWS welcome

ESTHER:NEWS That was Zoe with the news, let have a little break and we will back with you.

Program Idents:

SHAMIAM: TWEETS @Dannytheman123 said that his favorite

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artst says that his favorite artist is Dave. He says the Q1 answer is Red wine.Q2 White beared man.Q3 is digger. Q4 is joy to the world.Q5.is 364

ESTHER:TWEETS @R4ch3l said that her artist is beyonce and rihanna.Q1 Guinness punch.Q2 saint Nick.Q3 Dancer, Donner, Dasher.Q4. Santa tell.Q5 124

SHAMIAM: TWEETS @H3nry said that he likes dapz. Q1 Eggnog.Q2 Mrs Claus. Q3 Dancer. Q4 This chrstms.Q5 645

ESTHER: TWEETS @b4Db0Yj4y1$ says that he likes Mrs banks.Q1 Eggnog. Q2 Saint Nick.Q3 Dancer, Donner, Dasher.Q4 Rocking Around the christmas tree.Q5 364.

SHAMIAM Omg yea, you win yourself and your friend tickets to your favorite concert.

ESTHER And remember to tweet us and call us your answer.SHAMIAM That remember me we have just had tweets send into us

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ESTHER: KNIFE CRIME Its debate timee! And today’ debate is about knife crime and the Different ways to prevent it.

SHAMIAM: okay, So let's talk about All the ways we belie that knife crime can be prevented.

PROGRAM IDENT

ESTHER: IN CUE I know but Here is Now we dont kiss

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and tell bY Aj Tracey

Song

ESTHER: BACK ANNOUNCE That was Now we dont kiss and Tell By Aj Tracey

Station ident

SHAMIAM: CELEBRITY GOSSIP Did you hear about Arianna Grande going to jail.

ESTHER: CELEBRITY GOSSIP No way.

SHAMAIAM: CELEBRITY GOSSIP Yes way

ESTHER: CELEBRITY GOSSIP I did hear about it but did you know that it is a scam.

SHAMIAM: CELEBRITY GOSSIP really...

ESTHER: CELEBRITY GOSSIP Yes because they wanted to get people's attention about Muslims in China are being forced against their religion.

SHAMIAM That's sad but also stupid to say that someone is going to jail because they want to bring awareness to people.

ESTHER: CELEBRITY GOSSIP I know right there are more ways to share it. but did you hear about the death of Juice world?

SHAMAIAM: CELEBRITY GOSSIP Yeah, that sad how old was he?

ESTHER: CELEBRITY GOSSIP 21 years old?

SHAMAIAM: CELEBRITY GOSSIP so young, how did he die?

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ESTHER: CELEBRITY GOSSIP He died from a seizure. In his sleep. This happened because he took seven pills. It's sad because he was so successful.SHAMAIAM: CELEBRITY GOSSIP However, did you hear about Jacqueline Jossa forgave Dan Osborne.

ESTHER: CELEBRITY GOSSIP No! Forgave him for what?

SHAMAIAM: CELEBRITY GOSSIP Cheating.

ESTHER: CELEBRITY GOSSIP What. I believe that everyone should get a second chance but when it causes you a lot of heartbreak and that.

SHAMIAM: CELEBRITY GOSSIP Yeah, I agree with that.

SHAMIAM:IN CUE hears a tune from Normani called motivation

Song

SHAMIAM:BACK ANNOUNCE That was motivation by Normani

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ESTHER- COMPETITION So the winner is @b4Db0Yj4y1$ you will win the tickets tho the concert of your choice But the others that participated will get tickets to your local cinema.

SHAMIAM: COMPETITION Well done guys!! Thank you so much for taking part.

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ESTHER: PRESENTERS CLOSE THE SHOW Thanks for listening

SHAMIAM: PRESENTERS CLOSE THE SHOW Thanks guys for tuning in bye...

ESTHER: PRESENTERS CLOSE THE SHOW Shamiam you forgot to announce the next show Which is Night tea straight after with Rebecca and Shawn from 6.00 pm to 700pm.SHAMIAM: PRESENTERS CLOSE THE SHOW Oh yeah see you tomorrow and night guys

BOTH PRESENTER BYE...